

# BEARCATS BOUND ORIENTATION

## YOUR ROLE IN STUDENT SUCCESS



**PARENT & FAMILY PROGRAMS**  
uc.edu/families  
families@uc.edu  
513-556-1200

# MEET OUR STAFF



**Whitney White, MS**

Director



**Dy'Mand Montgomery, MEd**

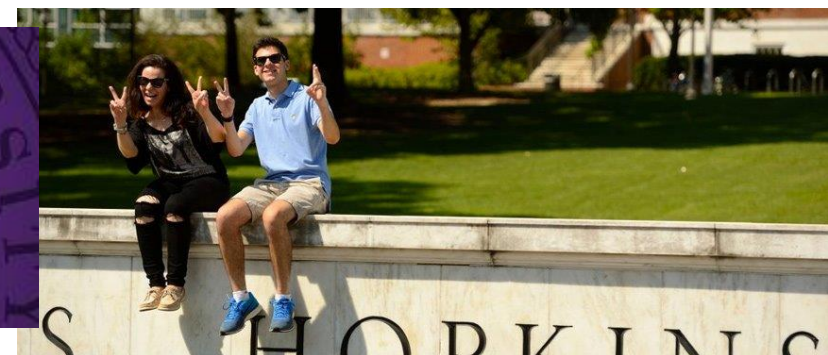
Assistant Director of Family Engagement



**Caitlin Borges, MA**

Assistant Director of Family  
Communications

# MEET WHITNEY



# MEET DY'MAND



**DAYTON**  
*Bearcats*

**BEARCAT**  
**FOR LIFE**



# MEET CAITLIN



**BGSU.** | Higher Education and Student Affairs  
BOWLING GREEN STATE UNIVERSITY



# TODAY'S GOALS

When you leave here, we want you to know:

- Who we are
- How to get help and ask questions
- Where to find important information
- How to start preparing your student this summer to be successful

# OUR PURPOSE

## INFORMATION | ENGAGEMENT | SUPPORT

PARENT & FAMILY PROGRAMS PROVIDES FAMILIES WITH **INFORMATION** ABOUT STUDENT SERVICES AND RESOURCES, CAMPUS **ENGAGEMENT** OPPORTUNITIES, AND A DEDICATED PLACE TO RECEIVE **SUPPORT** IN HELPING THEIR STUDENTS SUCCESSFULLY NAVIGATE THE UC EXPERIENCE.

# SUPPORT

## DEDICATED PHONE & EMAIL SUPPORT

### Reach out any time

- [families@uc.edu](mailto:families@uc.edu)
- 513-556-1200
- Located in Steger Student Life Center 630



Image of Tangeman University Center (left), Arts & Sciences (Center), and Steger Student Life Center (right).



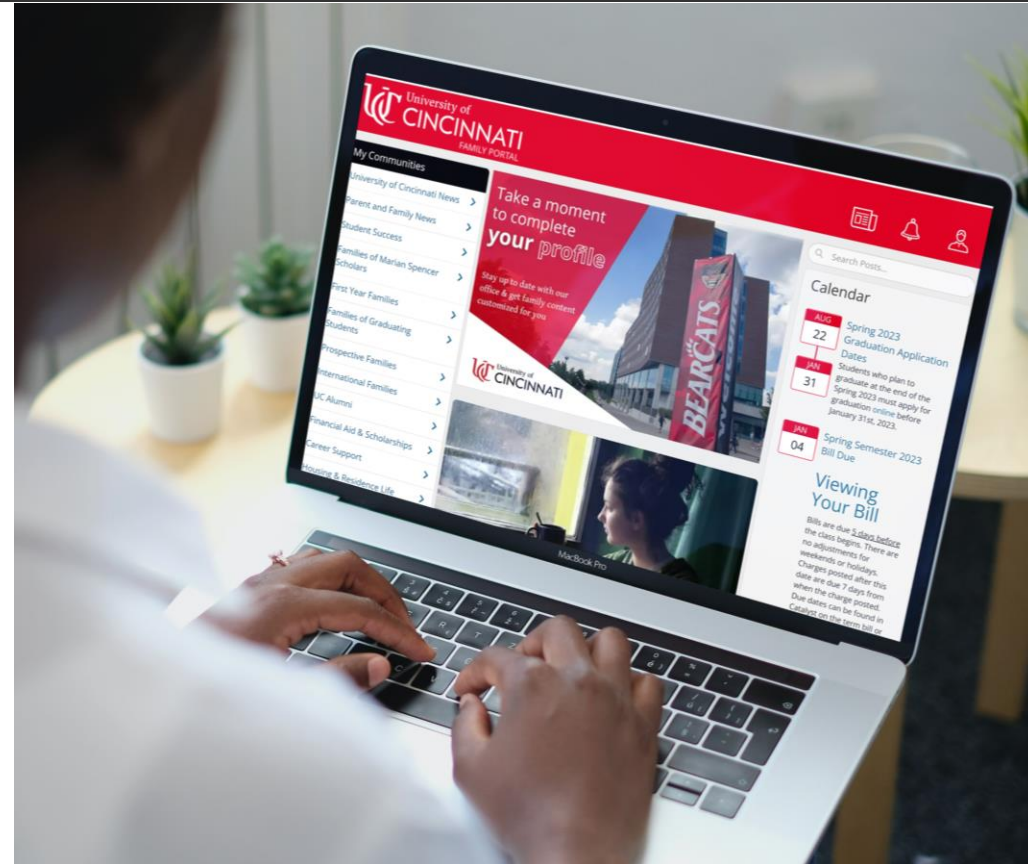
# INFORMATION

## FIND US ONLINE

Family Portal - [uc.campusesp.com](https://uc.campusesp.com)

Website - [uc.edu/families](https://uc.edu/families)

Instagram - @UCBearcatFamilies



Family member accessing the UC Family Portal

# INFORMATION

## PORTAL & EMAIL NEWSLETTER

The screenshot shows the University of Cincinnati Family Portal interface. At the top, there is a red header with the university logo and navigation icons for calendar, notifications, and user profile. The main content area features a 'Parent & Family Programs' sidebar on the left with a 'Visit our Website' button. The central focus is a 'Coffee Chat' event announcement for February 27 at 10am, titled 'PFP Coffee Chat: Graduating Student Resources'. The announcement includes a description: 'Join Parent & Family Programs, the Commencement Office, and the Bearcat Promise Career Studio to learn about UC's resources for graduating Bearcats and upcoming events that celebrate and commemorate their graduation!' and a 'Join us on Zoom!' button. A 'Calendar' section on the right lists the event and another upcoming event, 'Grad Fair presented by UC Bookstores' on March 08.



### The UC Family Portal

February 19, 2023

Thank you for using the [UC Family Portal](#) to stay connected and informed. As a family member, you're an essential partner in your student's success at UC. Please reach out to us at 513-556-1200 or [families@uc.edu](mailto:families@uc.edu) if we can support you or your family. Go Bearcats!

### Your Top Stories



### UC Family Weekend 2023 Announced!

Posted 5 days ago

We are excited to announce the date for Family Weekend 2023! We

# INFORMATION

FAMILY PORTAL | UC.CAMPUSESP.COM



**SIGN UP ONLINE**



As easy as one, two, click!

Let's get started!

First name

Last name

Email

Password

Repeat password

Create Account

This site is protected by reCAPTCHA and the Google Privacy Policy Terms of Service apply.

[Back to Login](#)



Your one-stop shop for:

- Access to important campus news and deadlines
- Personalized newsletters on your schedule
- Announcements via email
- Sharing of updates with friends and family

# INFORMATION

**FAMILY PORTAL | UC.CAMPUSESP.COM**



**SIGN UP ONLINE**

## Welcome to The UC Family Portal Step 2 of 3

Please fill in the following information to help us create an experience customized to your interests:

### Your Contact Information

Title	<input type="text" value="Mrs."/>
First Name	<input type="text" value="Whitney"/>
Last Name	<input type="text" value="White"/>
Phone Number	<input type="text" value="513-556-4389"/>
Phone Type	<input type="text" value="Work"/>
Street Address	<input type="text" value="Work"/>
Street Address Line 2	<input type="text"/>
City	<input type="text"/>
State	<input type="text" value="Ohio"/>
Zip Code	<input type="text" value="45230"/>
Country	<input type="text" value="United States of America"/>

### Student Information

Relationship to Student:	<input type="text" value="Select a Relationship to Student"/>
Student First Name:	<input type="text"/>
Student Last Name:	<input type="text"/>
Student ID:	<input type="text"/>
Which UC College does your student currently attend?	<input type="text"/>

# INFORMATION

## WEBSITE



Home » Campus Life » UC Parent & Family Programs

## UC Parent & Family Programs

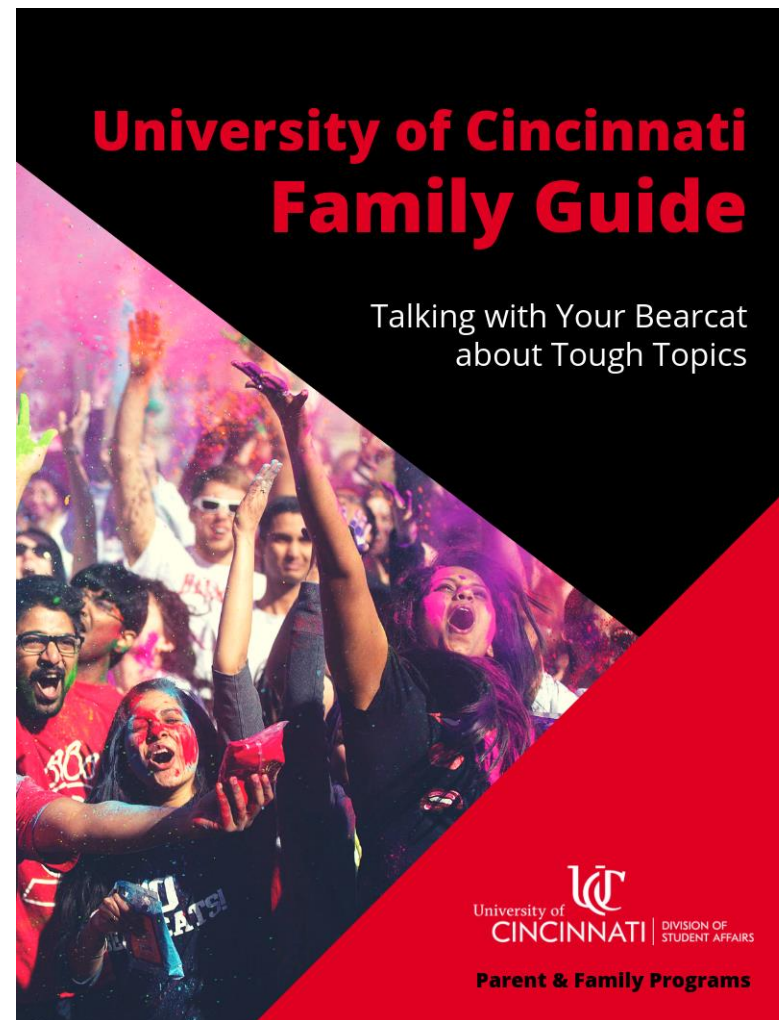
FAMILY WEEKEND - SEPTEMBER 20-22, 2024

### Welcome to the Bearcat Family!

Parent & Family Programs provides families with **information** about student services and resources, campus **engagement** opportunities, and a dedicated place to receive **support** in helping their students successfully navigate the UC experience.

We are excited to partner with you to ensure your student's success. As a UC family, YOU are an essential part of your student's experience. We encourage you to become an engaged and informed resource for your student.

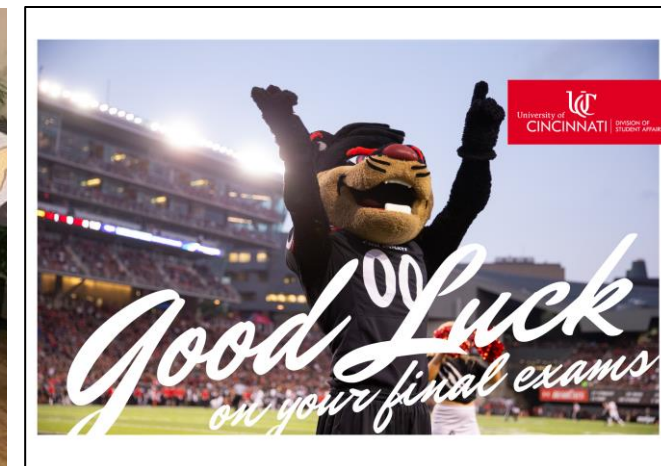
Our office is here to help! Please feel free to reach out to us anytime. We look forward to hearing from you and seeing you around campus!



# ENGAGEMENT

## SIGNATURE OFFERINGS:

- Meet PFP
  - Meet us at Move-In: Bearcat Family Kit
  - Spring Sporting Event
- Connect with your Bearcat
  - Letters To + From Home
  - Care Packages
- Learn with Us
  - Virtual Coffee Chats/Webinars
  - QPR Suicide Prevention Training

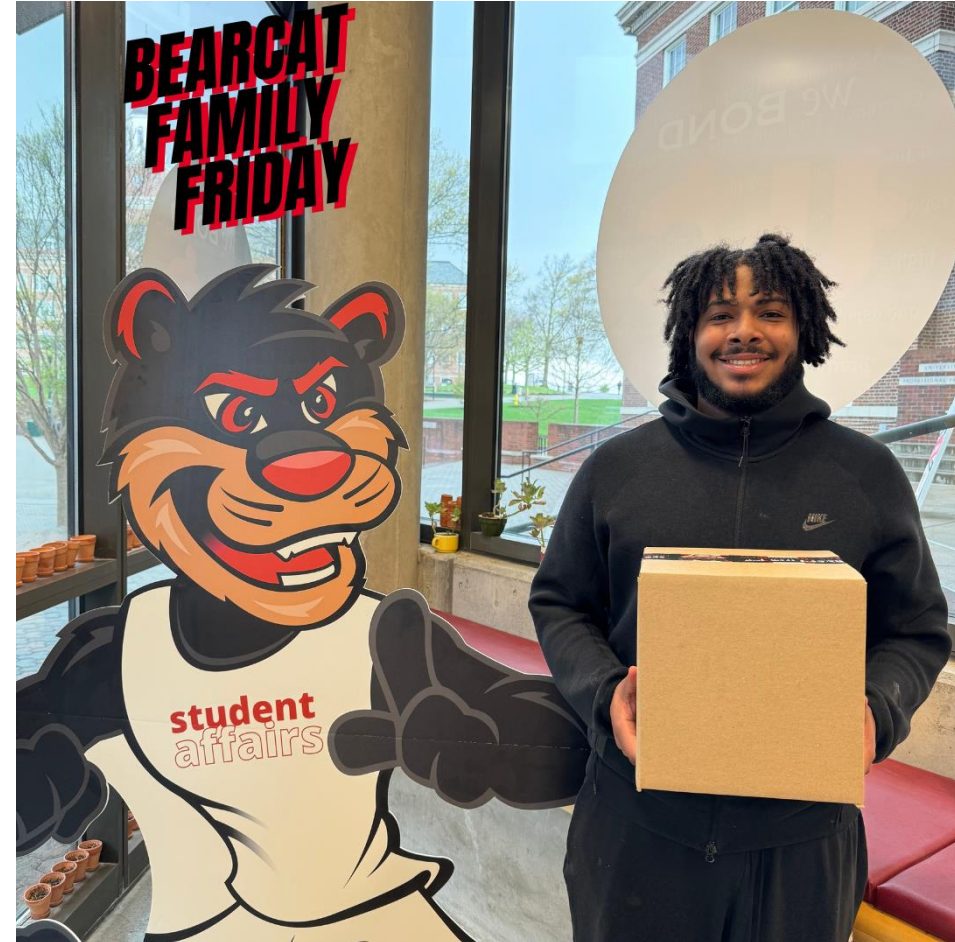


# ENGAGEMENT

## CARE PACKAGE PROGRAM

Connecting with Your Bearcat:

- Order Care Packages through our office *\*Limited availability*
- Includes an assortment of snacks + an **Exclusive UC Gift!**
- Order includes **TWO** Final Exam Packages (Fall & Spring)
- Cost \$80
- On sale **October 1** in the UC Family Portal



Student poses with his spring semester care package

# ENGAGEMENT

## COFFEE CHATS

Fall Topics:

- Advising
- Transitioning to Post-Secondary for Students with Disabilities
- Getting Involved

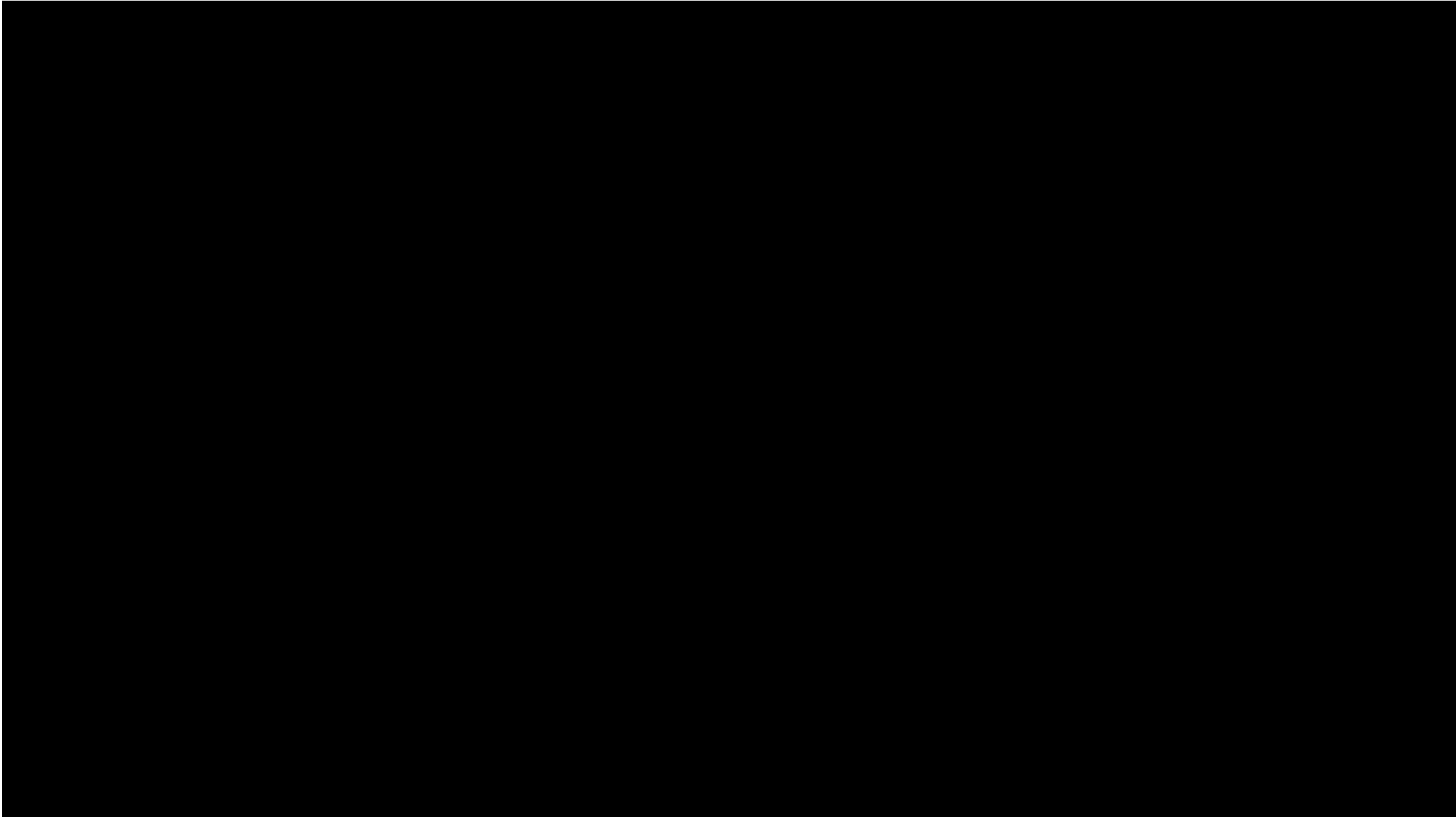
Watch past Coffee Chats on our website

 University of  
CINCINNATI | STUDENT AFFAIRS

  
*Coffee Chats*







Parental Involvement

Entrepreneurial

Loyal

**Dependent**

**Innovators**

Diverse

**Today's College Student**

# **GENERATION Z**

Social Justice

**Confident**

Structured Life

**Digital Natives**

Less Self-Sufficient

Open-Minded

**Social Media**

**Multi-taskers**

Diverse Family Structures

**Achievers**

**Environmental Awareness**

Exploring Identity

Building their Resume

Finding Friends

Large Campus Size

Pressure to Succeed

Time Management

FERPA

Balancing Home and School

Adjusting to College Classes

Finding Community

Fitting In

Diversity & Inclusion

Finding the Right Major

# COLLEGE IS COMPLEX

Trying on a New Self

Arranging Testing Accommodations

Financial Aid

Alcohol & Substances

Financial Impact at Home

Living with a Roommate

Peer Pressure

Managing Health

Working

Friends Back Home

Social Media

Homesickness

Expected to be an Adult

Finding Someone Who Looks Like Me

Tuition & Fees

Budgeting

Parental Involvement

# NAVIGATING THE FIRST YEAR



# ADJUSTING TO COLLEGE

**Homesickness**

**Treated as an  
adult & FERPA**

**Balancing  
relationships  
from home**

**Large campus  
size**

**Independence**

# ACADEMIC SUCCESS

**Students with  
Disabilities**

**Major & Career  
Exploration**

**Time Management**

**Adjusting to  
college level  
courses**

**Pressure to  
Succeed**

# **FINDING COMMUNITY**

**Diversity &  
Inclusion**

**Living in  
Residence Halls**

**Fraternities &  
Sororities**

**Getting Involved**

**On-Campus Jobs**



# TAKING CARE OF YOURSELF & OTHERS

**Mental Health**

**Alcohol & Other  
Substances**

**Bystander  
Intervention**

**Overall Health &  
Wellness**

**Hazing**

# **MONEY MATTERS**

**Financial Aid**

**Tuition & Fees**

**Working on/off  
campus**

**Credit Cards**

**Budgeting**

# YOUR HOMEWORK

- Review the Family Guide.
- Set a communication plan.
- Set expectations for time at home.
- Remind your student to complete required trainings and have a conversation about what they learned!
  - *AlcoholEDU*
  - *Anti-Hazing Training*
  - *Mental Well-Being*
  - *Sexual Assault Prevention*
- Plan to visit – set a date!
- Celebrate their success!
- Partner with your student on their journey!



**Mother and son taking a photo on the UC Family Weekend Riverboat Cruise**



First-year & new  
student move in:  
**August**  
**20-22**

*Students should see their  
housing portal for details*

# WE'RE HERE TO HELP

✉ families@uc.edu

☎ 513-556-1200

💻 uc.edu/families

🌐 uc.campusesp.com

🌐 @UCBearcatFamilies

